



NUTRITIONAL CONTENT INFORMATION

All-Natural Burgers

	Calories	Calories from Fat	Total Fat	% Daily Value Fat	Saturated Fat	% Daily Value Sat. Fat	Trans Fat	Cholesterol (mg)	% Daily Value Cholesterol	Sodium (mg)	% Daily Value Sodium	Total Carbohydrates	% DV Carbohydrates	Dietary Fiber	% Daily Value Fiber	Sugars	Protein
BurgerFi Burger	655	300	34	52	11	54	0	118	39	935	39	44	15	1	4	10	41
BurgerFi Burger (single)	465	180	21	32	6	29	0	63	21	755	31	44	15	1	4	10	24
BurgerFi Cheeseburger	795	400	46	70	19	94	0	148	49	1615	67	44	15	1	4	10	49
BurgerFi Cheeseburger (single)	535	230	27	41	10	49	0	78	26	1095	46	44	15	1	4	10	28
BurgerFi Bacon Cheeseburger	840	425	48	74	20	100	0	160	53	1850	77	43	14	1	4	7	55
BurgerFi Single Bacon Cheeseburger	580	255	29	45	11	55	0	90	30	1330	55	43	14	1	4	7	34
VegeFi Burger	525	210	24	37	8	41	0	58	19	1020	43	60	20	6	24	11	19
Breakfast All Day Burger	828	385	43	65	14	70	0	285	95	1621	68	68	23	3	12	14	42
Conflicted Burger	815	385	44	67	17	86	0	128	43	1570	65	64	21	4	16	12	40
The CEO	865	462	53	82	19	97	0	163	54	1242	52	47	16	1	5	10	53
BurgerFi Chicken Sandwich	525	160	18	28	3	13	0	78	26	985	41	58	19	2	9	10	31
Beyond Burger	732	459	51	78	11	54	0	18	6	1812	76	36	12	7	28	9	33
Grilled Chicken Sandwich	290	93	10	15	4	17.5	0	98	33	1102	46	29	10	3	13	38	10

BurgerFi® Toppings

American Cheese (slice)	70	50	6	9	4	20	0	15	5	340	14	0	0	0	0	0	4
Swiss Cheese (slice)	50	40	4	6	3	13	0	15	5	30	1	0	0	0	0	0	4
White Cheddar Cheese (slice)	80	60	6	9	4	18	0	20	7	125	5	0	0	0	0	0	5
Lettuce	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Tomatoes (slice)	5	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0
Pickles	5	0	0	0	0	0	0	0	0	260	11	1	0	0	0	0	0
Diced Onions	5	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0
Grilled Diced Onions	5	5	0	0	0	0	0	0	0	10	0	1	0	0	0	0	0
BBQ Sauce	12	0	0	0	0	0	0	0	0	47	2	3	1	0	0	1	2
Bacon (1½ slices)	50	30	4	5	1	5	0	10	3	210	9	1	0	0	0	0	3
Onion Ring (ea)	120	70	7	11	2	8	0	0	0	340	14	12	4	1	4	2	2
Grilled Mushrooms	40	30	3	5	2	10	0	10	3	130	5	2	1	0	0	1	1
Fried Egg	90	60	7	11	2	10	0	185	62	95	4	0	0	0	0	0	6
BurgerFi Chili	80	50	6	9	3	13	0	15	5	450	19	2	1	0	0	1	4
Garlic Aioli	90	60	7	11	2	10	0	185	62	95	4	0	0	0	0	0	6
Truffle Aioli	5	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0
Bacon Tomato Jam	66	36	4	6	1	6	0	10	3	190	8	5	2	0	1	4	2
Ketchup	15	0	0	0	0	0	0	0	0	190	8	4	1	0	0	4	0
BurgerFi Sauce	80	50	6	9	3	13	0	15	5	450	19	2	1	0	0	1	4
Mayonnaise	110	110	12	18	2	8	0	10	3	80	3	1	0	0	0	0	0
Mustard	5	0	0	0	0	0	0	0	0	70	3	0	0	0	0	0	0
Jalapeno Peppers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fried Avocado	229	155	17.23	26	3.7	15.4	0	31.3	10	188	8	14.3	5	3	13	4.3	6

Dogs

Vienna Beef Dog	310	155	17	25	6	30	0	45	15	960	40	26	9	1	4	5	14
New York Style	340.5	161.13	17	26	6	30	0	45	15	1647.5	69	32.813	11	7	27	9.125	16.938
Texas Style	456.4	248.15	27	42	10	48	0	65	22	1642	68	33	11	4	16	8	20

Accessories

Fries (reg)	640	280	32	49	4	18	0	0	0	320	13	72	24	8	32	0	8
Fries (large)	1280	560	64	98	7	36	0	0	0	640	27	144	48	16	64	0	16
Fries (bucket)	1920	840	96	148	11	54	0	0	0	960	40	216	72	24	96	0	24
Onion Ring (Reg)	610	340	37	57	6	30	0	5	2	1690	70	59	20	4	16	11	10
Onion Ring (Large)	980	540	60	92	10	50	0	5	2	2710	113	94	31	6	24	17	15
Cry & Fries	1010	500	56	86	9	45	0	0	0	1350	56	113	38	11	44	6	16

Fry Toppings

Urban Style (add)	322	280	34	52	8	40	0	30	10	572	24	2	1	0	0	0	8
BurgerFi Chili & Cheese	120	80	8	12	3	15	0	20	7	660	28	5	2	0	0	1	4
Cheese Sauce	80	45	5	8	2	8	0	5	2	420	18	6	2	0	0	0	0
BurgerFi Chili	160	110	12	18	5	25	0	30	10	890	37	5	2	1	4	3	9
Cajun Seasoning	0	0	0	0	0	0	0	0	0	220	9	0	0	0	0	0	0
Salt & Vinegar	0	0	0	0	0	0	0	0	0	1600	67	0	0	0	0	0	0

Kid's Meals

	Calories	Calories from Fat	Total Fat	% Daily Value Fat	Saturated Fat	% Daily Value Sat. Fat	Trans Fat	Cholesterol (mg)	% Daily Value Cholesterol	Sodium (mg)	% Daily Value Sodium	Total Carbohydrates	% DV Carbohydrates	Dietary Fiber	% Daily Value Fiber	Sugars	Protein
Single Burger	480	195	22	34	9	45	0	70	23	910	38	41	14	1	4	7	28
Single Cheeseburger	546	261	29	45	14	68	0	90	30	910	38	41	14	1	4	7	28
Vienna Beef Dog	310	155	17	25	6	30	0	45	15	960	40	26	9	1	4	5	14
Grilled Cheese	360	125	15	23	8	40	0	30	10	1070	45	41	14	1	4	7	15
Fries (Jr)	320	140	16	25	2	9	0	0	0	160	7	36	12	4	16	0	4
Kids Applesauce	50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Honest Kids Fruit Punch	40	0	0	0	0	0	0	0	0	5	0	10	3	0	0	10	0

Frozen Custards

	Calories	Calories from Fat	Total Fat	% Daily Value Fat	Saturated Fat	% Daily Value Sat. Fat	Trans Fat	Cholesterol (mg)	% Daily Value Cholesterol	Sodium (mg)	% Daily Value Sodium	Total Carbohydrates	% DV Carbohydrates	Dietary Fiber	% Daily Value Fiber	Sugars	Protein
Red Velvet Shake	740	330	37	57	23	115	0	275	92	370	15	88	29	0	0	66	14
Chocolate Shake	880	330	37	57	24	120	0	265	88	800	33	117	39	3	12	99	12
Vanilla Shake	880	330	37	57	24	120	0	280	93	240	10	125	42	0	0	109	12
Black & White Shake	880	330	37	57	24	120	0	280	93	270	11	123	41	0	0	99	12
Strawberry Shake	750	330	37	57	24	120	0	280	93	240	10	94	31	1	4	75	12
Peanut Butter Shake	1060	660	73	112	30	150	0	280	93	500	21	87	29	4	16	65	24
Oreo Shake	750	364	42	65	26	130	0	200	67	570	24	81	27	1	4	23	13
Coffee Mocha Shake	910	330	37	57	24	120	0	280	93	270	11	128	43	0	0	99	13
Red Velvet Concrete	870	370	41	63	25	125	0	315	105	480	20	112	37	0	0	82	15
Key Lime Concrete	900	380	42	65	27	135	0	300	100	380	16	117	39	0	0	89	15
O.M.C.I (Oh My Chocolate!) Concrete	1440	810	90	138	33	165	3	290	97	1150	48	141	47	10	40	109	26
Vanilla Cup Jr	360	160	18	28	12	60	0	150	50	120	5	44	15	0	0	34	6
Vanilla Cup Reg	540	240	27	42	18	90	0	225	75	180	8	66	22	0	0	51	9
Chocolate Cup Jr	360	160	18	28	12	60	0	140	47	440	18	40	13	2	8	34	6
Chocolate Cup Reg	540	240	27	42	18	90	0	210	70	660	28	60	20	3	12	51	9
Coke Float	410	150	17	26	11	55	0	100	33	300	13	62	21	0	0	59	6
Root Beer Float	430	150	17	26	11	55	0	100	33	260	11	64	21	0	0	61	6

BurgerFi® Toppings & Mix-Ins

	Calories	Calories from Fat	Total Fat	% Daily Value Fat	Saturated Fat	% Daily Value Sat. Fat	Trans Fat	Cholesterol (mg)	% Daily Value Cholesterol	Sodium (mg)	% Daily Value Sodium	Total Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber	% Daily Value Fiber	Sugars	Protein
Chocolate Syrup	100	0	0	0	0	0	0	15	5	24	8	0	0	20	1	0	0
Vanilla Syrup	100	0	0	0	0	0	0	0	0	25	8	0	0	25	0	0	0
Whipped Cream	15	10	1	2	1	5	0	0	0	1	0	0	0	1	0	0	0
Peanut Butter	190	60	18	28	3	15	0	0	0	130	5	6	2	2	8	3	6
Whipped Cream	15	10	1	2	1	5	0	0	0	1	0	0	0	1	0	0	0
Strawberries	35	0	0	0	0	0	0	0	0	9	3	0	0	0	0	8	0
Colored Sprinkles	110	40	4	6	1	5	2	0	0	17	6	0	0	11	0	0	0
Oreo® Cookies	70	25	3	4	1	5	0	0	0	65	3	10	3	2	6	1	0
Chocolate Sprinkles	110	45	5	8	0	3	0	0	30	1	17	6	0	11	1	0	0
Brownie Chunks	90	40	5	7	1	5	0	15	5	25	1	12	4	0	9	1	0
Red Velvet Cake	40	10	2	2	0	0	0	5	2	60	3	6	2	0	3	1	0
Key Lime Pie	90	25	3	5	2	8	0	0	0	75	3	15	5	0	11	2	0

Beverages

	Calories	Calories from Fat	Total Fat	% Daily Value Fat	Saturated Fat	% Daily Value Sat. Fat	Trans Fat	Cholesterol (mg)	% Daily Value Cholesterol	Sodium (mg)	% Daily Value Sodium	Total Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber	% Daily Value Fiber	Sugars	Protein
Real Coca Cola	150	0	0	0	0	0	0	0	0	85	4	39	13	0	0	39	0
Real Fanta Orange	160	0	0	0	0	0	0	0	0	90	4	42	14	0	0	42	0
Real Sprite	160	0	0	0	0	0	0	0	0	105	4	40	13	0	0	40	0
Boylan Crème	160	0	0	0	0	0	0	0	0	35	1	40	13	0	0	40	0
Boylan Root Beer	170	0	0	0	0	0	0	0	0	35	1	42	14	0	0	42	0
Boylan Black Cherry	170	0	0	0	0	0	0	0	0	0	0	42	14	0	0	42	0

This chart was compiled with the assistance of Silker Laboratories by actual laboratory analysis combined with the most up-to-date nutrition information from the ESHA Research database, which includes the USDA's National Nutrient Database for Standard Reference, the foundation of most food and nutrition databases in the US. Some variations may occur due to differences in product assembly or preparation at the restaurant, season of the year, region of the country, local suppliers or use of an alternative supplier or ingredient. This listing is periodically updated to reflect the current status of our products.